



MOULAMEIN PUBLIC SCHOOL

2017 Term 1 Week 5 Newsletter

21/02/2016

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Upcoming Events

27 th February	150 th School Anniversary Meeting
24 th February	PSSA Netball and Football Trials
10 th March	School Assembly 12.30
3 rd March	District Swimming Carnival, Swan Hill

School Times

- **8.45 – 9am** **In class reading**
(parents are encouraged to come and listen to students in the infants block)
- **11 – 11.30am** **Recess**
- **1 – 1.45pm** **Lunch**
- **3pm** **End of day**

Swimming Carnival

Our small schools swimming carnival was held at the Moulamein Swimming Pool in conjunction with Wakool Burraboi and Clare Public schools last **Friday 17th February**. Congratulations to all students for their efforts and sportsmanship on the day. Teachers were so impressed with all students and their behaviour. The genuine support for each other was so impressive. Students went in lots of races and pushed their own boundaries to compete and participate. Non-swimmers enjoyed the novelty races and were helped by our amazing senior students. Not all students could come away with ribbons or medals, but their willingness to have a go and do their best was most pleasing. Students who qualified for the PSSA District carnival will compete in Swan Hill on the 3rd March. Notes will go home this week and we ask that they be returned to the school ASAP. A big thank you to all staff, volunteers and the pool committee who made this day possible. Your efforts are appreciated.

Results

Congratulations to the following students from MPS who placed in events at our Small Schools Swimming Carnival:

Mia – 3rd 100m Freestyle, 1st 50m Freestyle, 2nd Junior Backstroke, 2nd Junior Individual Medley
Ethan – 1st 100m Freestyle, 1st 50m Freestyle, 1st Senior Breaststroke, 1st Senior Backstroke, 1st Senior Butterfly, 1st Senior Individual Medley, 1st P5 Relay
Max – 2nd 100m Freestyle, 1st 50m Freestyle, 1st Junior Breaststroke, 1st Junior Backstroke, 1st Junior Individual Medley, 1st P5 Relay
Caleb – 3rd 100m Freestyle, 1st 50m Freestyle, 1st 11yrs Backstroke, 1st P5 Relay
Abby – 1st 50m Freestyle, 3rd Junior Breaststroke, 1st Junior Butterfly, 1st Junior Individual Medley, 1st P5 Relay
Chloe – 2nd 50m Freestyle
Meg – 3rd 50m Freestyle
Rhys – 1st 50m Freestyle

Jason– 2nd 50m Freestyle
Lexi – 3rd 50m Freestyle, 3rd Junior Backstroke
Riley– 2nd 50m Freestyle, 2nd Junior Backstroke
Jacob – 3rd 50m Freestyle, 2nd Junior Breaststroke
Cody – 2nd 50m Freestyle
Tyler – 2nd 11yrs Backstroke

Congratulations must also go to the following students who were Age Champions:

Junior Girls – Abby
Junior Boys – Max
Senior Boys – Ethan

150th School Anniversary Reminder

Moulamein PS opened in 1867 and so will be having its sesquicentenary this year. We are inviting, parents, community and family members to join a committee where we will, as a community, decide on how best to celebrate our birthday. Our first meeting will be held on 27th February 4.00-5.00pm at Moulamein Public School. Please let us know if you would like to attend.

PSSA Netball and Football

This Friday some of our senior students have been invited to attend a PSSA Netball and Football trial. We wish those students the best and look forward to hearing how they enjoyed the session at Barham.

Assemblies

To fit in with staffing arrangements and Key Learning Areas timetables, school assemblies will be held at 12:30 on advertised Fridays this year, and run through until lunch. Parents are welcome to stay at school and join students for lunch on these days. Our first assembly will be in Week 7, 10th March.

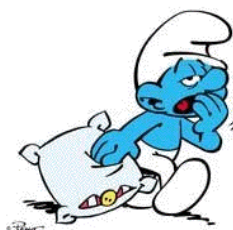
Homework

Classes from Year 2-6 have all started homework. Homework is not compulsory, but it is encouraged, especially for students in our senior years in preparation for high school expectations. Teachers have set homework that correlates to their learning during school hours. At times, students may also be asked to complete a project. K/1 students will be bringing home readers to read each night. Soon they will also bring home a weekly activity in a homework book provided. All homework is due on Friday.

Is your child getting enough sleep?

I have noticed many students coming to school very tired and yawning before the day begins. Sleep plays a fundamental role in the way we learn. Poor quality of sleep – caused by lots of waking up during the night and lack of sleep has been reported to be a strong predictor of lower academic performance, reduced capacity for attention, poor executive function and challenging behaviours during the day. Students above the age of 6, should have between 9-12 hours sleep. Check how much sleep your child is having each night. Set an appropriate bedtime in accordance to their morning wake time and stick to it so they can

do their best at school each day.



Jennie Wilson
Principal



