### **MOULAMEIN PUBLIC SCHOOL**



2018 Term 1 Week 11 Newsletter

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Monday, Wednesday & Thursday	Cross Country Training
Week 11	Grampians Excursion
April 25 <sup>th</sup> 10.00am	ANZAC Ceremony
Starting Friday!	School Holidays
Tuesday, 1 <sup>st</sup> May	First day back for Students



#### **Principal Message**

This is the last week of Term 1 and students have had a fabulous term across K-6. Teachers continue to provide a quality education and with the new School Improvement Plan, we are already on our way to achieving some of our goals.

Term 2, will see the start of a new technology program, implementation of a typing tournament and students will be working towards achieving personal goals in English and Mathematics.

Blue Earth will be returning in Term 2, and students will be participating in sporting workshops and learning how to maintain a positive frame of mind, with a focus on wellbeing. The student feedback has been very positive and students look forward to spending time with Matt Dillion who travels from Wangaratta to deliver an amazing health program.

### **China Gibson- Just kidding!**

Last year, China announced as an April Fools' joke that out school would be closing due to a fire. This caused mayhem and we had numerous phone calls from a number of concerned citizens and local papers. We did have to evacuate due to a room filling with smoke (from a fan) as a safety precaution, but someone exaggerated the truth as joke. I waited a full year for payback! So did the fox get foxed?

### **ANZAC DAY Arrangements**

ANZAC Day will be during the school holidays this year. Senior students will run the service under the formal guidelines of the Department of Education ANZAC Day.

We ask all students who are available during the school holidays to join the ANZAC march with the school and ex-service men and women, family representatives, special guests at the new time of 10.00am. We will again meet near the Business Centre at 9.50am. We look forward to providing this service to the community and hope you can join us on this special National occasion.

### Positive Behaviour in Children: A Parents' influence.

Improving social skills is definitely on the agenda at our school. Social competence is a life-long skill. We often look to teachers and schools to help students learn how to appropriately socially interact and develop the skills of getting along with others. However, it is well-researched that parents have more of an impact and influence on their child's social skills than schools do. At our school, we have high expectations and students are involved in lessons to help develop their social skills. It is important to understand that this is very much a shared responsibility.

Essential Social Skills □ Following Directions □ Asking for help Listening Apologizing Staying on task ■ Waiting your turn ☐ Minding your own business ☐ Asking for what you want/need ■ Answering questions Asking questions for which you need the answers Accepting "no" for an answer ■ Working with others Asking permission □ Disagreeing appropriately ☐ Giving constructive criticism ☐ Asking for help □ Resisfing peer pressure Completing an undesirable task □ Getting aftention appropriately □ Accepting criticism/consequences

Most of us know that kids will repeat things we say, which is why many people try to watch their language when kids are around. But kids learn more from us than just a few choice words; they learn how to behave in certain situations, as well as learning positive (and negative) attributes and skills. Every day you are teaching your children by example how to react to situations, and if you are not conscious of what you are doing you may be teaching them something you don't want them to learn.

#### Modelling

The process of teaching by example is called **modelling** and it affects behaviour far more than telling your children what to do (and far more than punishing them, too).

Modelling can teach a child how to:

- Think about other students
- Interact with others
- React to stress
- React to situations
- Respect others
- Speak appropriately

Here are a couple of powerful messages from Pam Leo, a well-known researcher:

- 95% of everything children learn, they learn from what is modelled for them, predominately by parents. Only 5% of all they learn is from direct instruction. (so you can see from here how hard our job is from this, but one we are definitely working on at our school).
- The language children grow up hearing is the language they will speak.
- The way students feel about each other is influenced by how parents talk about other people's children.

Modelling does not always dictate a child's behaviour; your kids won't inevitably do everything you do. They are not miniature adults and take time to learn social skills. They don't always get it right, be neither do we as adults. But modelling is an important and underappreciated way to transmit information, experiences, skills, beliefs, values, and large segments of behaviour.

I have always loved this poem .....

## Children Learn What They Live By Dorothy Law Nolte, Ph.D.

If children live with criticism, they learn to condemn.

If children live with hostility, they learn to fight.

If children live with fear, they learn to be apprehensive.

If children live with pity, they learn to feel sorry for themselves.

If children live with ridicule, they learn to feel shy.

If children live with jealousy, they learn to feel envy.

If children live with shame, they learn to feel guilty.

If children live with encouragement, they learn confidence.

If children live with tolerance, they learn patience.

If children live with praise, they learn appreciation.

If children live with acceptance, they learn to love

If children live with approval, they learn to like themselves.

If children live with recognition, they learn it is good to have a goal.

If children live with sharing, they learn generosity.

If children live with honesty, they learn truthfulness.

If children live with fairness, they learn justice.

If children live with kindness and consideration, they learn respect.

If children live with security, they learn to have faith in themselves and in those about them.

If children live with friendliness, they learn the world is a nice place in which to live.

At Moulamein Public School we like to encourage students, show appreciation, teach students to share and be truthful, model kindness and honesty, help



students feel secure so they take risks to learn. It takes time for these skills to be secure and patience is appreciated from all stakeholders.

Our school has now completed the ROAR program and Friends program through Intereach Deniliquin. The mentors all said that the students have been very respectful and easy to work with. They enjoyed how our students had enough confidence to speak with honesty and they were surprised that they already had an understanding of some key concepts, including how to show respect to peers, how to show kindness and consequences of using unkind words and body language. I have been really proud of how our students have embraced this program. The Blue Earth Wellbeing program will also develop more skills to improve social competence.



We are in this journey together and our aim is to have socially competent students who are successful, confident and kind citizens!

Jennie Wilson

Principal

Students in Years K/1/2 have been experimenting with their vocabulary to compose descriptive sentences.

After looking at a different shell each, and brainstorming the relative language they could use, students confidently wrote sentences to describe their individual shell.

Here are some samples that the students are proud of:



My shell is medium sized. It is bumpy and smooth on the bottom. The colour of the shell is grey. My shell is heavy.

By Aleisha



My shell is small. It is round and feels hard. It is grey and yellow and brown. My shell has curly stripes on it.

By Amy



My shell is smooth. It is white, brown and black. It is sharp on the outside. My shell is spotty.

By Blayk



My shell looks like a turtle. It also looks like a crab's claw. It is smooth and rough. It is shiny on the bottom. My shell is brown and it has white spots.

By Fletcher



My shell sounds a bit like the sea. It is green, pink and brown. It is white inside. It is kind of shaped like a cone. The inside and outside is smooth. It is bumpy and rough at the end of my shell. It looks like someone has put green leaves and rope around it. It is medium sized.

By Georgie



My shell is tiny. It is pink on the outside and white on the inside. It looks like sharks teeth underneath. My shell is smooth on top and a bit bumpy on the bottom.

By Holly



My shell is very, very small. It is smooth too. It has black lines in the middle. It has brown spots. My shell is shiny on the outside. My shell has a hole on the side and it is small. It has a wide swirl.

By Hope



My shell is rough and bumpy. It is big and curved. It looks like a trumpet and a phone. My shell is brown and white. It is a little bit big.

By Jazmyn



My shell is shiny on the outside. It looks rough. My shell looks like a rock. It is smooth on the inside.

By Lawson



My shell is bumpy. It is pearl coloured at the bottom. It is a bit reddy brown on the sides. My shell is shaped like a fan. It is sharp on the edges. It is light purple on the outside edges.

By Lilly



My shell is smooth. It is big and it looks like a pear. My shell is white on the inside and it has lots of colours on the outside. It is pointy on one end. My shell has a stripy pattern on it.

By Maddy



My shell is medium sized. It is black on the inside, but the outside is white with yellow and brown. It looks like a unicorn's horn. It is bumpy. It is beautiful. My shell is pointy on the side.

By Makenna



My shell is large. My shell feels rough and bumpy. It is white and dark blue, and has a bit of purple. My shell is a cone shape. It feels sharp on the ends.

By Mila



My shell is smooth on the inside but it is bumpy on the outside. It is shaped like a fan. It is white on the top and on the inside.

By Millie



My shell is big. The inside is smooth and bumpy. It is a little bit while, brown and black. The edge is spikey and sharp.

By Nate



My shell is teeny tiny. It looks like a snail shell. It feels smooth, sharp and curvy. Its colour is brown and white.

By Paige



My shell is big. Its edges are smooth. My shell is grey and orange.

By Peter



My shell is very big. It is smooth and bumpy. It has purple and orange stripes. It has a sharp edge.

By Phoenix



My shell is rough on the outside, but it is smooth on the inside. It is white, grey, brown and red.

By Seth



My shell is very bumpy. It is purple, white, brown and orange on the outside. It is shaped like a hat. It is sharp on the edge.

By Tarlia

# **HOT OFF THE PRESS – Photos from Day** 1 of the Grampians Excursion







