

2018 Term 2 Week 6 Newsletter

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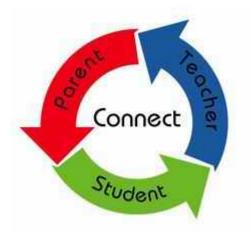
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7 th June	Regional Cross Country
11 th June	Public Holiday
5 th & 12 th June	Parent Teacher Interviews
2.00pm 12 th June	P & C Meeting

Principal Messages

This week we start our parent teacher interviews and we look forward to speaking to parents about their child/children and their progress. They are very valuable and a great way to obtain information about academic achievement, social and emotional development and behaviour in the classroom and in the playground. We also want to give you face-to-

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face feedback on your child's strengths and let you know of areas that we feel we need to work on or improve. At Moulamein Public School we have an open door policy for parents and want parents to feel welcome at our lovely school. We have very dedicated staff who care deeply for students at our school. They differentiate the curriculum each day to suit the needs of your child. If the advertised times do not suit you, please contact the school and a teacher will return your call as soon as possible.



Coles Vouchers

Thank you for collecting vouchers for our school! This week we spent our vouchers and will receive a range of specialised sporting balls used in the Blue Earth Program. We will now be able to continue games throughout the term with these new resources to help students build upon their fundamental movement skills.

What are fundamental movement skills?

Fundamental movements or precursor patterns provide the foundation for human movement and competent and confident participation in a range of physical activities. These skills can be Page 1

taught and we often mistake them for movements that 'come natural'. These skills are essential for students to participate successfully in lifelong physical activity and sport.

The *fundamental movement skills* to be developed through Health and Physical Education include and our Blue Earth program include:

- locomotor and non-locomotor skills rolling, balancing, sliding, jogging, running, leaping, jumping, hopping, dodging, galloping, skipping, floating and moving the body through water to safety
- object control skills bouncing, throwing, catching, kicking, striking.

A SAMPLE FUNDAMENTAL SKILL

Can you perform an overarm throw?

<u>This is a fundamental movement skill for Year 5</u> <u>and 6 students</u>



Skill components (Introductory components marked in bold)

- 1 Eyes focused on target area throughout the throw.
- 2 Stands side-on to target area.
- 3 Throwing arm moves in a downward and backward arc.
- 4 Steps towards target area with foot opposite throwing arm.
- 5 Hips then shoulders rotate forward.
- 6 Throwing arm follows through, down and across the body.

Movements are taught by teachers explicitly and the Blue Earth program supports this. The students are really enjoying the program and the teachers are also enjoying the professional learning provided by the trainers. Our trainers travel from Melbourne and Wangaratta and absolutely love staying in town for the night.

Kindergarten 2019

We are currently in the process of organising dates for our 2019 Kindergarten transition program. If you know of anyone who has a child that will be starting Kindergarten in 2019 and is not in touch with the preschool, please ensure that they contact the school to be part of the transition program and parent information sessions next term.



Art Workshops

In preparation for an end-of-year exhibition students will be participating in visual arts workshops throughout the end of this term. All students K-6 will have the opportunity to explore their creative side and experience print making, drawing lessons and experiment with painting techniques. All artworks will be kept at school until the end of the year for exhibition at the Moulamein Art Gallery. More details will emerge closer to the date.

Jennie Wilson- Principal