



# Moulamein Public School

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## 2021 Term 4 Week 3

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## Principal Messages - Jennie Wilson

### Operation Art

Sydney's lockdown has not stopped NSW public school students from sharing the colourful and caring artworks they designed to help sick children in hospital.

More than 700 artworks created by students from 211 schools across the state were submitted for this year's Operation Art, which is open to all NSW schools.

Fifty artworks will be chosen to tour around the state, starting at Jacaranda Square in Sydney Olympic Park. The selected artworks will then commence a tour around the state before becoming part of The Children's Hospital at Westmead's permanent art collection.

We are very excited to announce, that we have two artworks out of the 50 selected! Not bad statistics for a small outer rural school. Congratulations to Sophie Bennett and Taria McGlashan!



Parents Allie and Liam Holland, whose child Asher has been a long-term patient at The Children's Hospital at Westmead, are special guests on this year's judging panel.

"We are so thankful to Operation Art for filling the walls with colour and joy and hope and beauty," they said. "Hospital life is hard but there are always pockets of joy to be found in the waiting."

## Wellbeing Week

In recognition of national Mental Health Week, staff participated in a professional learning workshop. With the forever changing school environment, our teachers have worked hard to ensure our students have continued to learn and they have supported them emotionally and socially through the changes due to COVID -19. Staff are very good at taking care of the students but sometimes can neglect to take care of themselves. This workshop was a great reminder that we cannot let our light dim and staff were given strategies to help improve their own wellbeing and mental health.

## Environmental Classes

We welcome Mrs Downie into the school and already she has students working in the garden. The compost bins are up and running, we have vegetables and seedlings growing and very keen students. We are already valuing her contribution and the students are very excited to be learning about the natural environment each week.



## News from 5/6

### Mini Olympics

We participated in our own mini-Olympics in Term 3. We divided into four groups and created a country name, national flag, Olympic mascot and uniform. We held a small opening ceremony, complete with a march around the area! We then, went outside in our teams to begin our competition. We held four events: skipping races, bridge/river/bank, over/under ball and noodle throw.





## Science

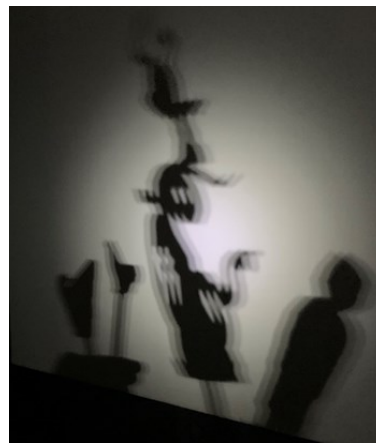
In science we are investigating light and shadows. We found a dark space and experimented with torch beams. We discovered that light bounced off our hands and changed the direction of the beam. We used characters from Jack and the Beanstalk, the Three Little Pigs and The Gingerbread Man and created shadow puppets. We performed a re-telling of the fairy tales which was great fun!



## JACK AND THE BEANSTALK

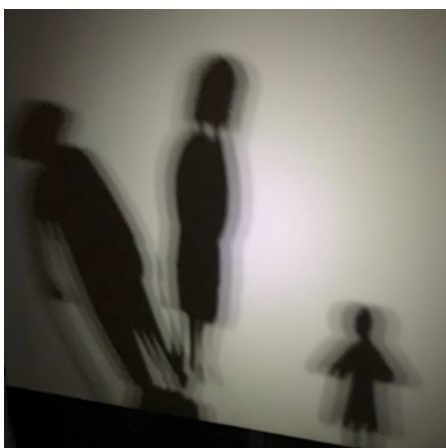


Jack rescued the harp and the chicken that laid the golden eggs from the giant, then cut down the bean stalk.

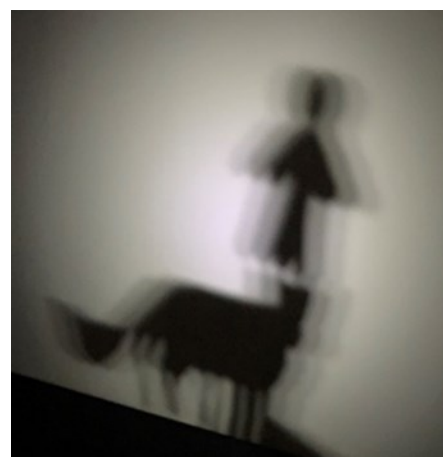


Jack took his cow to market and met a man selling magic beans.

## THE GINGERBREAD MAN



The gingerbread man ran away from the little old man and the little old woman.



The sly fox told the gingerbread man to hop onto his nose. When he did, the fox ate him up!!!

## THE THREE LITTLE PIGS



The big bad wolf went to the first little pig's house which was made from straw.



The big bad wolf went to the second little pig's house made of wood and huffed and puffed until he blew it all down.

### Literacy

In literacy we are learning about different forms of Poetry. Haiku poems have a specific pattern, line one has five syllables, line two has seven syllables and line three has five syllables. They are usually about nature. Shape poems are in the shape of the object they are about. They either fill the object or just outline it. Acrostic poems describe the object they are about. The pattern is simple - the first letter of each line spells the subject of the poem.

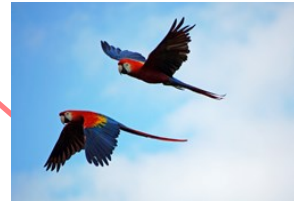
#### Leaf



The leaf fluttered in  
Wind like a ballerina  
Around the dancefloor.

Henry

#### Bird



The bird glides swiftly  
It floats in the sky like air  
Beak is very sharp.

Clem

#### Crocodile

Thick skin like armour  
The crocodile ate its prey  
Teeth like sharp daggers.

Elijah



#### Clouds

Cloud up in the sky  
Trees are green outside today  
The raindrops fly down.

Amy

### Prim

Properly fed  
Ready for me to get home  
In her thick coat of hair  
Mum kicks her out of the house

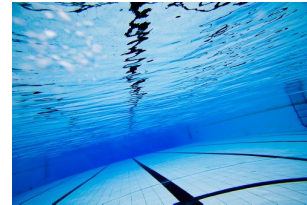
### Baxter



### Swim

Swimming laps around the pool  
Watching other people swim  
Inching down to get the sinker toys  
Magnificent strokes up and down the pool.

### Jazmyn



### Books

Beasts and princesses  
Overall fantasy  
Old but addictive  
Kings of literature  
Surrounded by the characters.

### Sophie



### Wolves

Wild and dangerous animals  
Only eat fresh meat  
Lonely wolves find a pack  
Vicious hunters want their skins  
Evil predators hunt them too  
Strong wolves take care of the pack.

### Alek

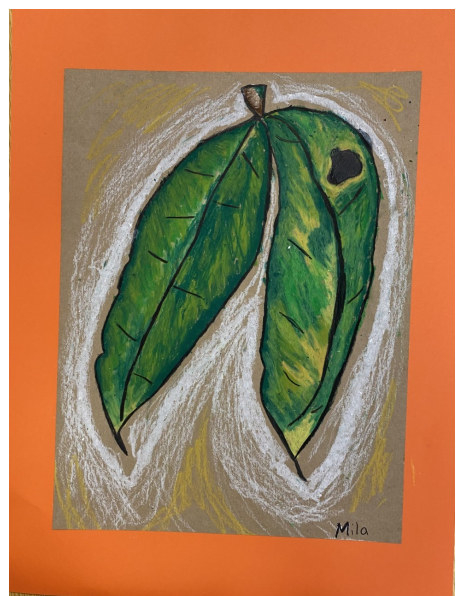
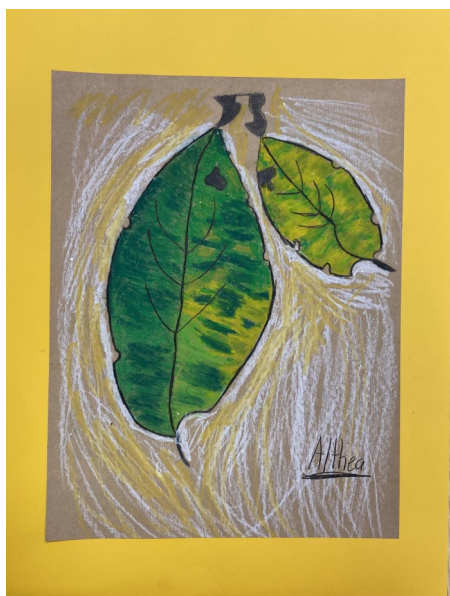
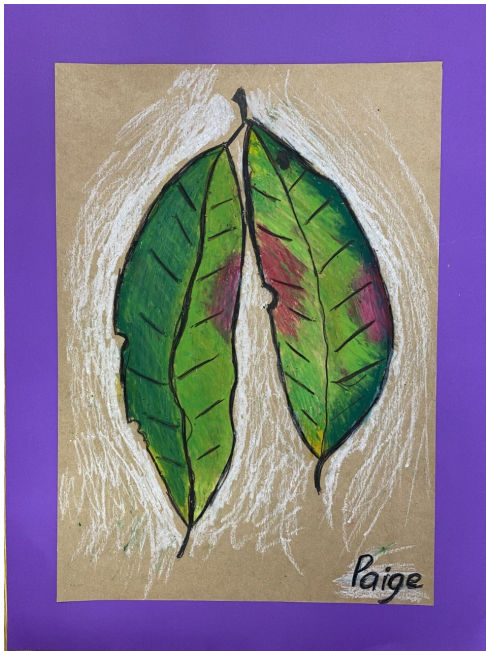
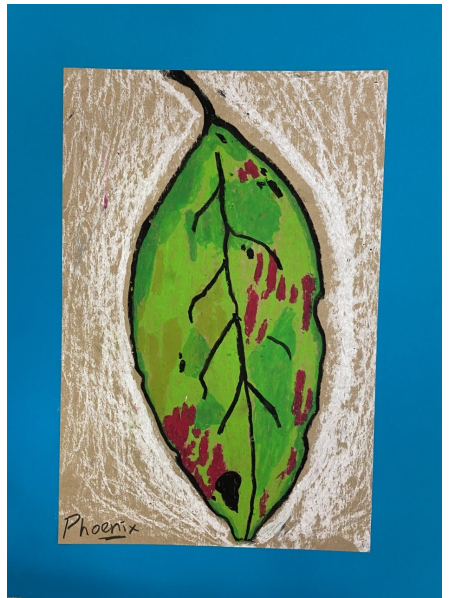
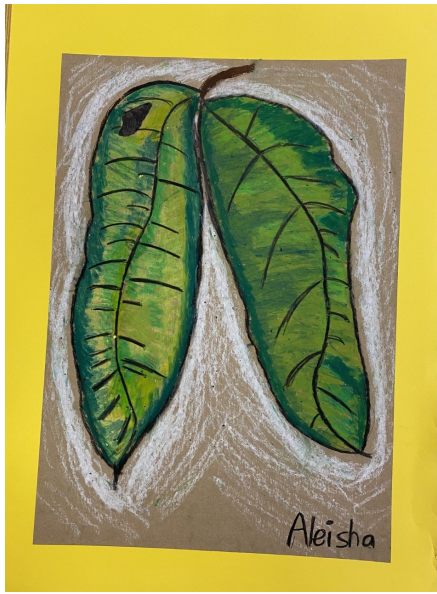
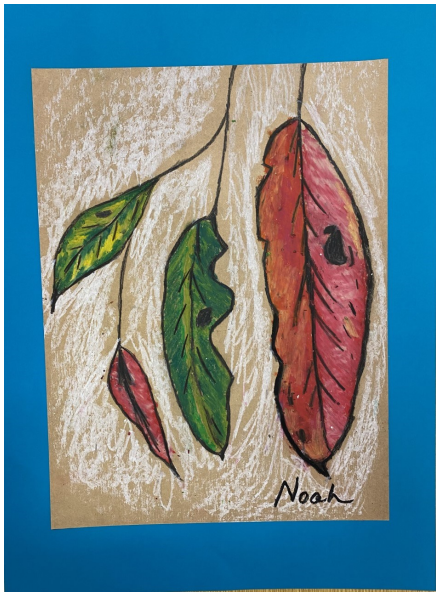


## Community Art Challenge

Last week's Community art challenge asked artists and students to create an artwork based on Eucalypts. This included trees, leaves, blossoms and gum nuts. Here are some of the entries.

Year 1/ 2 Artworks- Ghost Gums in the Outback with Mrs Wilson





## Literacy Program Success

Congratulations to these students who have been working hard in our levelled literacy program for completing a module with success.







# NSW parent and carer mental health education sessions

headspace National is hosting free mental health education sessions in New South Wales, for Parents, Carers and Community Members, on ways they can support their young person when they are concerned about their mental health.

## The sessions aim to:

- Strengthen your understanding of mental health and mental health difficulties.
- Increase awareness of the impacts of COVID-19 on wellbeing.
- Strengthen your understanding and skills in how to have a conversation with your young person.
- Build awareness of local services and the various supports available.
- Strengthen relationships between local area mental health services, local schools, headspace centres and other community organisations.

Proudly funded by the NSW Government and delivered by headspace National Youth Mental Health Foundation Ltd.

## Session format

The format of the sessions will include the delivery of mental health-related content, followed by a panel of community stakeholders sharing information about the supports available to young people and how to access their services.

## Mode of delivery

Sessions will be held online via Zoom or face to face.

## Duration

Lunchtime sessions are 1hr and 15mins. Evening sessions are 1hr and 15mins with a panel.

## How to register

Click on or copy the following URL into a web browser to locate upcoming sessions in your community: <https://bit.ly/3lchh8U>

## Contact

For more information email: [programsupport@headspace.org.au](mailto:programsupport@headspace.org.au)