



Moulamein Public School

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2024 Term 1 Week 4

WK	Upcoming Events	
4	Tuesday 18 th February	Kindergarten Best Start Assessment
	Thursday 20 th February	School Photos
	Friday 21 st February	MPS Swimming Carnival
5	Tuesday 25 th February	Kindergarten Best Start Assessment
	Wednesday 26 th February	Mr Benn Wright – Rel/Director visit
	Friday 28 th February	Zone Swimming Carnival
6	Thursday 6 th March	Mrs McGuiness @ Deniliquin Principal Meeting
	Friday 7 th March	Mrs McGuiness @ Deniliquin Principal Meeting
Please note that all dates are subject to late changes		

Principals Message - Judy McGuiness

Welcome Back!

I hope everyone has had a safe and restful break. Thank you to everyone from making me feel very welcomed.

It has been a very settled start here at MPS. It has been great walking around to the classrooms seeing smiling faces and learning happening right from day one. It was particularly special seeing our Kinders begin with smiles and readiness for big school.

This year we are proud to be implementing The Resilience Project's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of Gratitude, Empathy, Mindfulness and Emotional Literacy, with regular opportunities for parent/carer involvement.

I will be holding a parent information session during Week 8, more information to come.

THE RESILIENCE PROJECT.

We're working with The Resilience Project

We're proud to be implementing TRP's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude**, **Empathy**, **Mindfulness** and **Emotional Literacy**.

Gratitude

Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.

Empathy

Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.

Mindfulness

The practice of mindfulness is about an awareness of life as we are living it.

It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.

Emotional Literacy

Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:

[@theresilienceproject](#) [The Resilience Project](#) [The Resilience Project](#) theresilienceproject.com.au

MPS Swimming Carnival

This Friday 21st February, students 8yrs old and older will be participating in our annual swimming carnival. Students are required to come to school as normal and then they will walk up to the pool accompanied by staff.

All students remaining at school will participate in fun water activities on the morning of the carnival and will need to bring swimmers, towels, rashie and waterproof shoes.

Best Start 2025

Best Start Best Start Kindergarten Assessment identifies students' literacy and numeracy skills on entry to Kindergarten. All Kindergarten students complete the literacy and numeracy assessment in the first five weeks of school. This assessment will be conducted over the next few weeks.


NAPLAN 2025

NAPLAN (National Assessment Program Literacy and Numeracy) NAPLAN is a national literacy and numeracy assessment that students in Years 3,5,7 and 9 sit each year. It is the only national assessment that all Australian students have the opportunity to undertake.

Years 3 and 5 students will participate in the NAPLAN from 12th until 24th March. NAPLAN tests students' skills in reading, writing and maths. Students will complete four different tests – Writing, Reading, Conventions of Language (spelling, grammar, and punctuation) and Numeracy. All tests are online- students will use computers to complete their tests, except for Year 3 Writing which is paper based. Please talk to your child's teacher if you have any questions about your child completing the NAPLAN tests.

Attendance

Attendance Monitoring and recording accurate student attendance is a legal requirement of the school. If your child is absent from school for any reason, parents are required to provide an explanation of their absence. To help us with this, if your child is absent for any reason could you please ensure you contact the office. Your cooperation is greatly appreciated.



EVERY DAY COUNTS...

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!

